

Spanish Latin American Welfare Centre

CELAS – Newsletter

Good News... Come and see what is happening at CELAS

Newsletter Spotlight

The main activities carried out by CELAS include:

- Community Aged Care Packages
- Adult Day Care Centre
- Community Partners Program
- Friendly Visiting Scheme
- Tax Help Program
- Community Visitors Scheme
- Family Support Services
- Playgroups
- Casework
- Volunteering
- Education
 - English Classes
 - Computer Classes
 - Radio Program "Sintonía Latina"

Join CELAS in helping the community!!

CELAS Plan 2011

- CELAS Annual General Meeting, Feb
- **NEW** CELAS **Web Site** presentation, Feb
- CELAS' **NEW** **premise** at 582 Nicholson Street, Fitzroy North VIC. 3068, March
- **NEW** **Spanish Playgroup** "Los Super Heroes", March
- 7th **Plaza del Mercado** at QVM, April
- **NEW** **Springvale English & Computer Classes**, April
- **Volunteer Training**, May - October
- **Community Education** Information Session, April - September
- **Tax Help** Program Jul – Nov
- **SINTONIA LATINA**, CELAS radio program 3ZZZ- 92.3 FM
- If you require further details of any activity or program visit us at www.celas.org.au or www.celas.org.au/cpp or call 03 9482 1194.



CELAS Programs

Community Aged Care Packages

This program provides aged care clients with the opportunity to remain within their homes for as long as possible and promote independence. Funding from the Dept. of Health & Ageing provides CELAS with 15 packages to service the Spanish-speaking community.

Clients that qualify for the program are provided with personal care assistance, home care assistant, shopping assistance and transport for medical appointments.

COST: Contribution fee as outlined by the Department of Health & Ageing

In order to qualify for the program, please contact **Yasna Tejo** at CELAS on (03) 9482 1194, in order to organise an ACAS assessment.

This service is provided within the client's home by qualified care workers.

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Adult Day Care Centre

Provide a social group to allow aged care clients to interact with other members of the community. Activities include relation exercises, painting, outings and others.

There are three centre locations including Footscray, East Melbourne & Springvale. Transport and meals are provided.

COST: \$7 per visit

To qualify for this program, please contact **Hernando Albornoz** at CELAS on (03) 9482 1194.

Community Partners Program

This program aims to provide culturally appropriate aged care resources and information to Spanish-speaking aged clients and their carers. The information is provided via group sessions and visits to community groups.



COST: None

To learn more about the program and organise a session with a group, please contact **Adriana Osorio** or **Marysabel Ramos** on (03) 9482 1194 / www.celas.org.au/cpp

Friendly Visiting Scheme



This program matches Spanish-speaking volunteers with aged care clients living at home or in aged care facilities that require company.

COST: None

If you would like to volunteer or join the program as an aged care client, please contact **Yasna Urra** on (03) 9482 1194.

TAX Help Program 2010

This program provides Spanish-speaking clients with help in lodging their tax return. Program runs each year from July to November



COST: None

If you would like to enrol in the program, please contact **Marysabel Ramos** at CELAS on (03) 9482 1194.

Community Visitors Scheme

This program aims to contribute to the improvement of the quality of life for residents living in aged care facilities. Spanish-speaking volunteers are matched with clients in nursing homes to provide ongoing company.

COST: None

If you would like to volunteer or know of an aged care individual that may benefit from the program, please contact **Yasna Urra** on (03) 9482 1194.

Radio Program, Sintonía Latina

CELAS radio program "SINTONÍA LATINA", on 3ZZZ-92.3Fm airs every second Friday from 4 to 5 pm.

For further information or booking to attend the program please contact Maria Fernanda Romero at radio.celas@celas.org.au or contact CELAS (03) 9482 1194.

Family Support Services

This program provides family support to vulnerable families experiencing difficulties.

As guided by the Department of Human Services, the program services families and individuals with children under the age of 18 years, living in the western metropolitan area.

COST: None

In order to make an appointment with a CELAS worker, please contact reception on (03) 9482 1194 and ask for an appointment with **Adriana Osorio**.

Playgroups

This programs provides playgroup services for mothers and their children of Spanish-speaking backgrounds. There are currently two CELAS Spanish playgroups: "Los Grillitos" & "Los Super heroes"

COST: None

In order to join into the program please contact **Adriana Osorio** on (03) 9482 1194



Case work

If you need to see a Spanish-speaking social worker, this program provides a range of help, dealing with family violence, personal help and assistance with completing various documentations.

COST: None

This service has limited availability.

To make an appointment with a social worker, please call (03) 9482 1194 and ask for an appointment with **Gladys Barrera**.

Volunteering

If you are interested in volunteering with CELAS, please contact **Marysabel Ramos** on (03) 9482 1194

Computer Classes

Provides older Spanish-speaking individuals with computer lessons in four levels; basic, intermediate, advanced & advanced 1. Classes are held once a week (Mon, Tues & Wed) at Fitzroy and once a week in Springvale.

COST: \$50 per term (10 weeks)



English Classes

Provides Spanish-speaking individuals with English classes in two levels; basic & intermediate. Classes are held on Thursday in Fitzroy and Monday in Springvale.

Cost: **\$35 per term** (Fitzroy) **\$50** concession or **\$108 full, per annum** (Springvale)



For further information on both English and computer classes, or to enrol, please contact **Maureen Scheel** on **(03) 9482 1194**.

And more...

